

$$\#7 \quad \Delta E_{hm} + \Delta E_{hw} = 0$$

$$m \Delta t c_m + m \Delta t c_w = 0$$

$$\frac{m \Delta t c_m}{m \Delta t} = \frac{-m \Delta t c_w}{m \Delta t} \quad \begin{array}{l} \leftarrow \text{water} \\ \leftarrow \text{metal} \end{array}$$

$$= \frac{-(.265 \text{ kg})(33-26)(4.18 \times 10^3)}{(.352 \text{ kg})(33-215)}$$

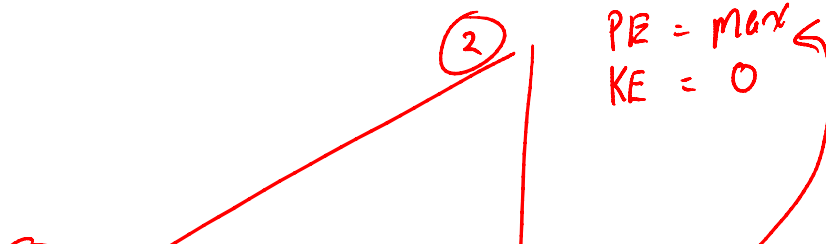
$$= \boxed{\frac{121 \text{ J}}{\text{kg}^\circ\text{C}}}$$

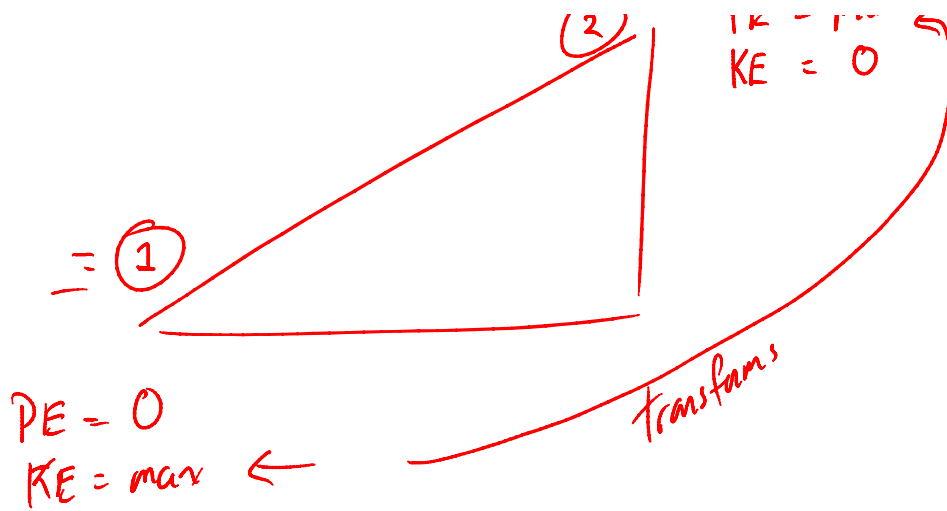
law of Conservation of Energy

Energy is neither created or destroyed, it is only transformed

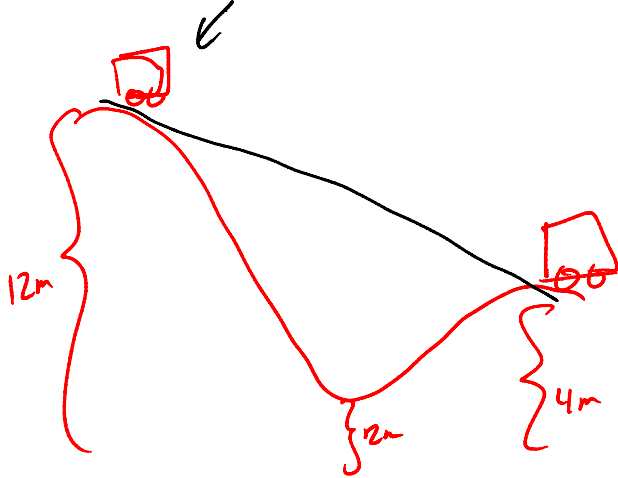
$$\Delta E_k + \Delta E_p = 0$$

$$\frac{1}{2}mv_f^2 - \frac{1}{2}mv_i^2 + mgh_f - mgh_i = 0$$





#8 pg 227 $v_i = 0$



$$\Delta PE + \Delta Ek = 0$$

$$\left(\frac{mgh_f - mgh_i}{m} \right) + \left(\frac{\frac{1}{2}mv_f^2 - \frac{1}{2}mv_i^2}{m} \right) = 0$$

$$gh_f - gh_i + \frac{1}{2}v_f^2 - \frac{1}{2}v_i^2 = 0$$

$$\frac{1}{2}v_f^2 = -(gh_f - gh_i)$$

$$= -((9.8)(4m) - (9.8)(12m))$$

$$2 \left(\frac{1}{2}v_f^2 = 78.4 \right)$$

$$v_f^2 = 2(78.4)$$

$$v_f = \sqrt{\quad}$$

$$v_f = 12.5 \frac{m}{s}$$

pg 225-230 odd Q's
1-13

1)

1-13